2021 Virtual Group Schedule for Concord Counseling Services

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| <u>GROUP</u> | <u>DAY</u> | <u>TIME</u> | FACILITATOR | LOCATION | <u>REQD</u> |
| Caregivers Skills Group | Monday | 5:30 – 7:30 pm | TBD | ON HOLD | |
| DBT* (ongoing) | Monday | 10:30 – 12:00 pm | Lisa Pringle Nancy Brownell | Virtual | х |
| #Families in Touch | 3 rd Monday of the month | 5:30 – 7:00 pm | TBD | ON HOLD | |
| SUD/IOP** | Monday | 5:30 – 8:30 pm | Nichole Evans | Virtual | x |
| Alzheimer's Support Group for Caregivers | 1 st Tuesday of the month | 6:30 – 8:00 pm | Karen Green | ON HOLD | |
| Anxiety** | Tuesday | 6:30 – 8:00 pm | Tami Childs | Virtual | x |
| Managing Mood* | Wednesday | 5:30 pm-7:00 pm | Nancy Brownell Lindsey Johnston | Virtual | х |
| Depression** | Wednesday | 12:30 – 2:00 pm | Gail Ukockis | Virtual | x |
| Parkinson's Support Group | 1 st Wednesday of the month | 1:30 – 3:00 pm | Debra Tehrani | Hybrid In Sept | |
| Voices Worth Hearing | Wednesday | 5:00 – 6:00 pm | Sarah Bramley | Zoom (need email) | |
| #Voices Worth Hearing (In Person) | Wednesday | 5:00 – 6:00 pm | Devon Noble Darrell Herman | ON HOLD | |
| SUD/IOP** | Wednesday | 5:30 – 8:30 pm | Nichole Evans | Virtual | х |
| Senior Discussion Group | Wednesday | 10:30 – 11:30 am | Lisa Clark | Zoom (need email) | |
| AOD** | Thursday | 6:00 – 7:30 pm | Barb Stokes | Virtual | х |
| #PTSD* | Thursday | 1:00 – 2:30 pm | Lindsay Gentry | ON HOLD | х |
| SUD/IOP** | Thursday | 5:30 – 8:30 pm | Nichole Evans | Virtual | х |

^{*}Please schedule new clients for DBT and Managing Mood groups through Barbara Blair-Karr (Ext. 254)

^{**}Please schedule new clients for AOD, Depression, and Anxiety through Gina Burdett (Ext. 238)

^{#-} Will start when groups are in person