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Concord Counseling Services



CONCORD

COUNSELING SERVICES

2023 Annual Report

MISSION STATEMENT

To provide the best behavioral health services by instilling hope, improving lives and serving with heart.

WWW.CONCORDCOUNSELING.ORG

700 Brooksedge BLVD.

Westerville, OH 43081



Alcohol, Drug and Mental Health Board
of Franklin County



Concord is a contract agency of
the Alcohol Drug and Mental
Health Board of Franklin County

HIGHLIGHTS

- ◆ We served over 4,500 community members in 2020-2021 and our staff has grown to over 100 including 5 psychiatrists.
- ◆ Our Senior Link program served 174 and the Senior Support program served 92 seniors helping them stay independent and improved their satisfaction.
- ◆ We were proud to celebrate **50 years** in the community with our staff, clients, and neighbors joining in. We celebrated Saturday, September 10, 2022!
- ◆ A very successful #50 year celebration with over #200 community members, clients, media and local government agencies including ADAMH attending our very heartfelt Event!



CELEBRATE 50 YEARS WITH CONCORD AS YOUR BEHAVIORAL HEALTH ALLY IN THE COMMUNITY ON SATURDAY, SEPTEMBER 10 FROM 2-6PM

REGISTER FOR OUR FUNDRAISER "MOVING FOR MENTAL HEALTH" AUGUST 11 - SEPTEMBER 8
 FINAL DRAW FOR ONE YEAR OF SERVICES TO RAISE AWARENESS FOR MENTAL HEALTH. T-SHIRTS AND PRIZES WILL BE GIVEN AT THE FEST. SIGN UP | CHARITYFOOTPRINTS.COM/CONCORD

“GISEL NOW HEATS LA TAYLA BREWER 2-4PM”

AVEC AMOUR 4-6PM

FOOD TRUCKS • LIVE MUSIC • ART
 FACE PAINTING • PHOTO BOOTH • GAMES
 700 BROOKSEDGE BLVD | WESTERVILLE, OH 43081



1221 Art Space is a community for artists and recovery. Here you'll find studios, exhibits, education, branding, and retail opportunities. We strive to enrich people's lives through art-making and to function as a conduit to professional involvement in the art world. Art Space also serves as a Transitional Employment host site. Here we work with selected individuals to gain and hone employment skills that can then follow them into independent employment upon completion of their transitional employment placement.

Pathway is a certified clubhouse based on the Fountain House model. The mission of the clubhouse is to empower and assist "members" in managing and recovering from mental illness and integrating into the community.



OUR SUCCESS STORIES

2022-2023 Success Stories – School-Based Team

Elementary School -

A 5th grade male was referred to the prevention clinician because he was acting out in class and being unlike himself. The prevention clinician met with the student to discuss the change in his behavior and discovered he was worrying about the changes that would take place as he goes into middle school next school year. The student was placed in a group for 5th grade students in the Middle School Transition Group. Upon completion of the group, the student said that he was no longer scared about transitioning to middle school, but instead he was **EXCITED!** He even displayed a change in behavior in class and became more like himself.



A 1st grade female was referred to the prevention clinician due to struggling with multiple worries and impulse control at school. The prevention clinician taught the student coping skills, recognizing worries that are unrealistic/unhelpful, the connection between thoughts, feelings and actions, grounding exercises, how to be resilient, and the importance of stopping and thinking before acting. After working with the prevention clinician for a couple of months, the student reported she her worries had decreased. The student's mom reported she saw a decrease as well, and her teacher reported the student was completing more of her work and could see a positive difference of her behaviors in the classroom.



PREVENTION SUCCESS STORIES

One of many of our Success Stories across the Communities we provide services in:

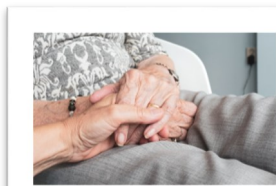
One of our prevention clinicians provided monthly universal presentations to a classroom of 5th grade gifted and talented students about perfectionism, thinking errors and growth mindset. At the end of the year, students shared, "I've learned so much because of you!" "Thank you for taking the time to teach us and give us advice and coping strategies. I am sure it will be useful in middle school." "Thank you for teaching us everything you have. I really enjoyed learning a lot about stress and how to manage it."

After a 5th grade small group on growth mindset, a parent shared, "I wanted to let you know that my child enjoyed your class and has actually used a coping strategy. She even told me what she was doing and why... lol. She was getting frustrated with a game, stopped playing, and said she needed to take a break for a little bit. Funny thing is, I say this ALL the time at home to her brother, but sometimes you need someone else to come in and explain it. So thank you for making it fun for her and giving her a few more tools in her toolbox."

Concord Senior Support Program:

Concord provides services to assist and empower our area seniors by helping them navigate the complex needs related to aging in place. Our Senior Support Program can assist Franklin County Seniors aged 55 and over, living in the 43081, 43082, and 43054 zip code areas.

These services are made possible by grant funding from the Franklin County Office on Aging Senior Options Grants Program, The City of Westerville, and ADAMH.



CONCORD HAS GROWN IN NUMBERS AND COMMUNITY IMPACT

ADULTS

95% of clients surveyed think the care provided to them at Concord has been excellent/good.

90% of clients surveyed feel the progress they have made as a result of coming to Concord has been excellent/good.

100% of community partners/stakeholders surveys rated their overall working relationship with Concord as excellent/good.

In our prevention programs, **95%** of students enrolled in individual or group services showed social/emotional improvement and/or increased knowledge of skills learned.

Survey Numbers:

2023 Client Survey: 97% of clients surveys felt their overall care provided to them at Concord was Excellent/Good.

2023 Community Partner Survey: 100% of community partners surveys rated their overall working relationship with Concord as Excellent/Good.

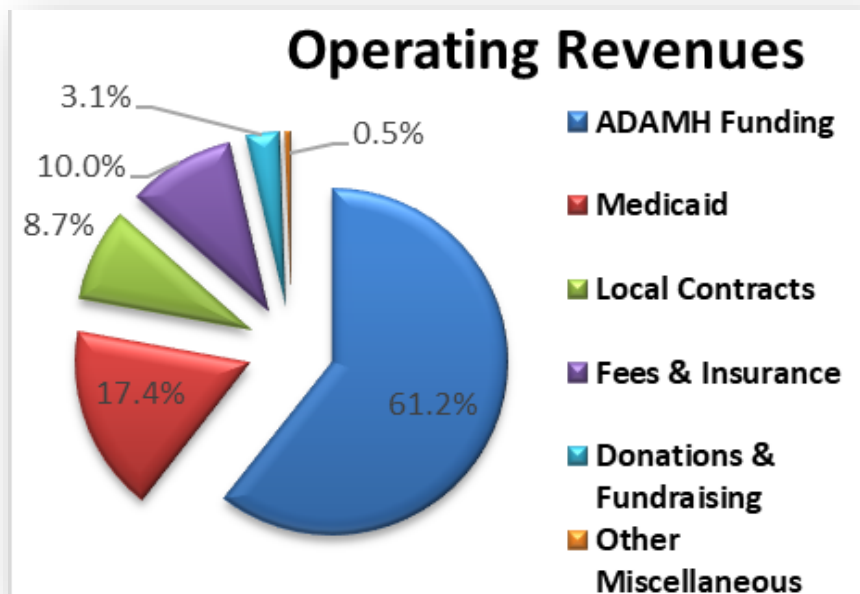
CONCORD COUNSELING SERVICES STAFF Serve With Heart!

Over 100 professional staff provide hope and serve with heart every single day. From Psychiatrists, to Nurses, Therapists, Social Workers and others, the team at Concord help our clients and their families improve their lives. We have achieved the highest rating possible from the International Commission on Accreditation of Rehabilitation Facilities. As a Lead Agency for the ADAMH Board of Franklin County, we provide services at a minimal cost for community members who are unable to pay through our ADAMH funds, and we accept most insurances for our services. We also receive money from the City of Westerville to provide behavioral Health and Transportation services for eligible residents.

FISCAL YEAR 2022

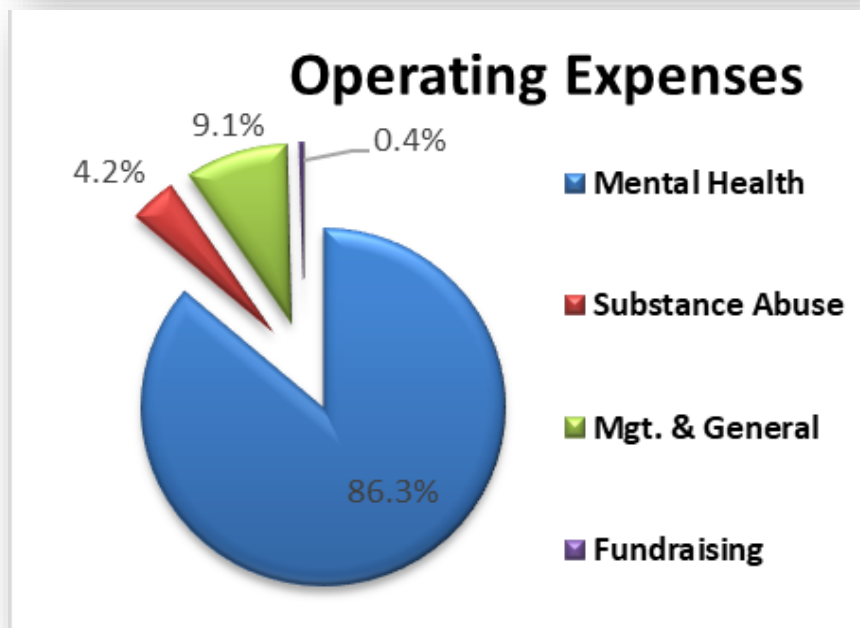
Operating Revenues

ADAMH Funding	\$ 4,224,221	61.2%
Medicaid	1,224,236	17.4%
Local Contracts	612,645	8.7%
Fees & Insurance	704,053	10.0%
Donations & Fundraising	215,028	3.1%
Other Miscellaneous	37,238	0.5%
	\$ 7,017,421	100.0%



Operating Expenses

Mental Health	\$ 5,783,692	86.3%
Substance Abuse	283,516	4.2%
Mgt. & General	612,836	9.1%
Fundraising	25,161	0.4%
	\$ 6,705,205	100.0%



Net Assets Beginning	\$ 4,268,118
Change In Net Assets	312,216
Net Assets Ending	\$ 4,580,334