Adult Social and Health History

Client Name (First, MI, Last)	**Date of Birth**	**Today's Date**

Presenting Problem

Why are you seeking treatment today?

How long ago did you begin to be troubled by this problem?

How often do you experience this problem?

When did you first consult a professional (counselor, physician, social worker, etc.)?

Symptom Checklist

Check All Current Problems

☐ **Nutritional/Eating Pattern Changes/Disorders**

As evidenced by:

- ☐ Self-induced Vomiting
- ☐ Binge Eating
- ☐ Use of Laxatives
- ☐ None
- ☐ Increase in Appetite
- ☐ Decrease in Appetite
- ☐ Excessive Exercising
- ☐ Restricted Eating
- ☐ Weight Gain (+_____ lbs)
- ☐ Weight Loss (- _____lbs)

☐ **Pain Management** - **Pain Interferes with Activities:**

☐ Not at all ☐ Mildly ☐ Moderately ☐ Severely ☐ Extremely

Source of Pain:

☐ **Depressed Mood/Sad**

As evidenced by:

- ☐ Loss of Interest in Activities
- ☐ Empty Feeling
- ☐ Fatigue/Loss of Energy
- ☐ Thoughts of Harming Yourself
- ☐ Hopelessness
- ☐ Worthlessness
- ☐ Trouble Concentrating
- ☐ None
- ☐ Indecisiveness
- ☐ Recurrent Thoughts of Death
- ☐ Feeling Sad or Depressed

☐ **Grief Issues**

As evidenced by:

- ☐ Loss of Loved One in Past Year
- ☐ Other Loss (Describe)
- ☐ None

☐ **Traumatic Stress**

As evidenced by:

- ☐ Recurrent/Intrusive/Distressing Thoughts/Images
- ☐ Recurrent Dreams/Nightmares
- ☐ Startles Easily
- ☐ Exposure to Traumatic Event
- ☐ None

☐ **Anger/Aggression**

As evidenced by:

- ☐ Threatens/Intimidates Others
- ☐ Initiates Fights
- ☐ Physically Hurts People
- ☐ Physically Hurts Animals
- ☐ Use of Weapons
- ☐ None

Client Name (First, MI, Last)	**Today's Date**

☐ **Anxiety**
As evidenced by:

☐ Excessive Worry ☐ Irritability ☐ Excessive Checking
☐ Restlessness ☐ Compulsions ☐ Strong Fears
☐ Obsessions ☐ Difficulty Breathing ☐ Shaking
☐ Muscle Tension ☐ Pounding Heart ☐ Excessive Handwashing
☐ None

☐ **Oppositional Behaviors**
As evidenced by:

☐ Loses Temper ☐ Blames Others ☐ Spiteful/Vindictive
☐ Argues ☐ Easily Annoyed ☐ None
☐ Deliberately Annoys Others ☐ Angry and Resentful

☐ **Inattention**
As evidenced by:

☐ Difficulty Sustaining Attention ☐ Disorganized ☐ Forgetful
☐ Trouble Finishing Things ☐ Easily Distracted ☐ None

☐ **Impulsivity**
As evidenced by:

☐ Difficulty Resisting Impulses ☐ Trouble Waiting for Turn ☐ Frequently Interrupts
☐ None

☐ **Disturbed Reality Contact**
As evidenced by:

☐ Hears Voices Others Don't Hear ☐ Seeing Things Others Don't See ☐ None

☐ **Mood Swings/Hyperactivity**
As evidenced by:

☐ Excessive Movement ☐ Excessive Talking ☐ Rapid or Extreme Changes in Mood
☐ Decreased Need for Sleep ☐ Irritability ☐ Inflated Self-Esteem
☐ None

☐ **Addictive Behaviors**
As evidenced by:

☐ Gambling ☐ Internet ☐ Shopping
☐ Pornography ☐ None

☐ **Sleep Problems**
As evidenced by:

☐ Difficulty Falling or Staying Asleep ☐ Sleepwalking ☐ Frequent Nightmares
☐ Excessive Sleepiness ☐ None

Sexual Orientation and Gender Identity/Expression:

☐ **Stressors**

☐ **Other**

Client Name (First, MI, Last)	**Date**

Living Situation

Current Living Arrangement

☐ Own home (rent or own) ☐ Family/Friend Home ☐ Homeless staying with others ☐ Homeless in Shelter/Streets ☐ Temporary Housing

☐ Residential Care ☐ Nursing Home ☐ Foster Care Home ☐ Other: _____

Primary Household

Household Member Names	Relationship to Client	Age	Quality of Relationship (Staff Use Only)
Significant Family Members/ Others not Listed Above	Relationship to Client	Age	Quality of Relationship (Staff Use Only)

Education, Employment and Military Information

Education History (check all that apply)	**Highest Grade Completed**	**Vocational Year Completed**
☐ GED ☐ HS Graduate ☐ College		

College

_____ No of years, quarters, or semesters

Degree/Major: _____

Other Degrees Completed: _____

History of Learning Difficulties (including performance/behavioral problems due to AOD use)

☐ None reported

☐ Learning Disability Type: _____

☐ Developmental Disability: _____

☐ Special School Placement: _____

☐ Other: _____

Barriers to Learning

☐ None reported ☐ Inability or difficulty with reading or writing ☐ Other:

Special Communication Needs

☐ None reported ☐ TDD/TTY Device ☐ Sign Language Interpreter ☐ Assistive Technology

☐ Language Interpreter Services Needed/Other Spoken Language: _____

☐ Other: _____

Employment (check all that apply)

☐ Full Time (35 hrs. or more per week) ☐ Part Time (less than 35 hrs. per week) ☐ Non-Competitive

☐ Unemployed – date last worked: _____

Not in Labor Force

☐ Disabled ☐ Retired ☐ Homemaker ☐ Student ☐ Living in Institution

☐ Other: _____

Client Name (First, MI, Last)	**Date**

If employed, name of employer and job title

Employer: _____ Job Title: _____

Number of Jobs in Last 5 Years	**Comments** (include performance/behavioral problems due to alcohol or drug use)

Employment Interests/Skills

☐ No ☐ Yes Are you satisfied with your job?

☐ No ☐ Yes (If not currently employed) Do you want to work?

☐ No ☐ Yes Are you experiencing financial problems?

☐ No ☐ Yes Are you concerned that employment will affect your benefits?

Comments on Past or Current Employment/Education Skills/Interests (include information relating to past or current employment/education skills and interests

Military History

☐ No ☐ Yes If yes, describe branch of service, any pertinent duties, and any trauma experienced during service, as applicable

Type of Discharge (if other than General/Honorable)

Legal History

Legal Guardian/Custodian – Name, Address and Phone Number

☐ None Reported Name: Address: Phone:

Do you have an Advance Directive/Declaration for Mental Health Treatment:

☐ Yes – Please provide a copy to your treatment provider ☐ No, but I would like more information ☐ No, and I am not interested in more information

Current Legal Status

☐ None Reported ☐ On Probation ☐ Detention ☐ On Parole

☐ AoD Related Legal Problems ☐ Conditional Release ☐ Outpatient Commitment ☐ Awaiting Charges

☐ Court Ordered to Treatment ☐ Others:

History of Legal Charges

☐ None Reported

Juvenile: ☐ No ☐ Yes If yes: ☐ Status Offense (e.g., Unruly) ☐ Delinquency

Adult ☐ No ☐ Yes If yes: ☐ Misdemeanor ☐ Felony

List and Date of Most Recent Legal Charges

Convictions

☐ None Reported

Incarcerations	**Name and Phone No. of Probation/Parole Officer** (if applicable)
☐ None Reported	
Civil Proceedings	**Domestic Relations Court Problems** (i.e., custody, protective services, restraining order)
☐ None Reported	

Juvenile Court Involvement (related to child abuse, neglect, or dependency)

Current: ☐ No ☐ Yes Comment: _____

Past: ☐ No ☐ Yes Comment: _____

Client Name (First, MI, Last)	**Today's Date**

Adult Health History Questionnaire

This form should be completed as fully as possible by client, but reviewed by medical or clinical staff

Have you had any of the following health problems?

	Now	Past	Never	What Treatment Was Received and Date(s)
Anemia				
Arthritis				
Asthma				
Bleeding Disorder				
Blood Pressure (high or low)				
Bone/Joint Problems				
Cancer				
Cirrhosis/Liver Disease				
Diabetes				
Epilepsy/Seizures				
Eye Disease/Blindness				
Fibromyalgia/Muscle Pain				
Glaucoma				
Headaches				
Head Injury/Brain Tumor				
Hearing Problems/Deafness				
Heart Disease				
Hepatitis/Jaundice				
Kidney Disease				
Lung Disease				
Menstrual Pain				
Oral Health/Dental				
Stomach/Bowel Problems				
Stroke				
Thyroid				
Tuberculosis				
AIDS/HIV				
Sexually Transmitted Disease				
Learning Problems				
Speech Problems				
Anxiety				
Bipolar Disorder				
Depression				
Eating Disorder				
Hyperactivity/ADD				
Schizophrenia				
Sexual Problems				
Sleep Disorder				
Suicide Attempts/Thoughts				
Other:				
Other:				

Please note family history of any of the above conditions and client's relationship to that family member

Client Name (First, MI, Last)	**Today's Date**

Current Medication Information
(medical and psychiatric prescription/OTC/herbal)

☐ None Reported **Please note if certain medication information is not available at time of completion (name, dosage, frequency, etc.)**

Medication	Rationale	Dosage/Route/Frequency	How is it working?
	☐ unknown	☐ unknown	
	☐ unknown	☐ unknown	
	☐ unknown	☐ unknown	
	☐ unknown	☐ unknown	
	☐ unknown	☐ unknown	
	☐ unknown	☐ unknown	

Primary Care Physician or other similar medical practitioner (name, phone no., and address) ☐ **No current PCP**

Date of Last Physical Exam

Other Prescribing Physician(s) (name, phone no., and address)

Past Psychiatric Medications

☐ None Reported

Past Psychiatric Medications	How Did it Work/Reason for Stopping/Adverse Reactions

Have you had medical hospitalization/surgical procedures in the last 3 years?

☐ No ☐ Yes If yes, complete information below

Hospital	City	Date	Reason

Do you have any other physical disabilities or disorders that this questionnaire has not addressed, please list. How are these disorders currently interfering in your life?

Allergies/Medication Adverse Reactions/ Sensitivities

☐ None ☐ Food (specify) ☐ Medicine (specify) ☐ Other (specify)

Pregnancy History ☐ Not Pertinent

Currently Pregnant? (If yes, expected delivery date)	**Receiving Prenatal Healthcare?** (If yes, indicate provider)
☐ No ☐ Yes Expected Delivery Date _____	☐ No ☐ Yes Provider _____
Currently Breastfeeding? ☐ No ☐ Yes	
Last Menstrual Period Date	**Any Significant Pregnancy History?** (if yes, explain) ☐ No ☐ Yes

Client Name (First, MI, Last)	**Today's Date**

Medical Information

Indicate how many times in the past 12 months you have used these medical services:

_____ Hospital admissions

_____ Emergency room visits

_____ Regular visits to doctor

_____ Regular visits to dentist

Have you had any of the following symptoms in the past 60 days? (please check all that apply)

☐ Ankle Swelling	☐ Diarrhea	☐ Nervousness	☐ Tingling in Arms and/or Legs
☐ Bed wetting	☐ Dizziness	☐ Nosebleeds	☐ Tremor
☐ Blood in Stool	☐ Falling	☐ Numbness	☐ Urination Difficulty
☐ Breathing Difficulty	☐ Gait Unsteadiness	☐ Panic Attacks	☐ Vaginal Discharge
☐ Chest Pain	☐ Hair Change	☐ Penile Discharge	☐ Vision Changes
☐ Confusion	☐ Hearing Loss	☐ Pulse Irregularity	☐ Vomiting
☐ Consciousness Loss	☐ Lightheadedness	☐ Seizures	☐ Other: _____
☐ Constipation	☐ Memory Problems	☐ Shakiness	_____
☐ Coughing	☐ Mole/Wart Changes	☐ Sleep Problems	☐ Other: _____
☐ Cramps	☐ Muscle Weakness	☐ Sweats (night)	_____

Height	**Weight**

Do you use any complementary health approaches (i.e.: meditation, yoga, nutrition, etc.)?

Substance Use History/Current Use

☐ Check if no past or current substance use including nicotine/tobacco

Which of the following have you used?	Age first used	Age last used	Frequency of use
☐ Beer			
☐ Wine			
☐ Liquor			
☐ Heroin			
☐ Barbiturates			
☐ Amphetamines			
☐ Crack			
☐ Cocaine			
☐ Marijuana/Hashish			
☐ LSD			
☐ Inhalants			
☐ PCP			
☐ MDMA (XTC)			
☐ Prescription drugs off the street			
☐ Non-prescription drugs by injection			
☐ Nicotine (cigarettes, Vaping, chew, etc.)			
☐ Other			

Caffeine	**Nicotine**
_____ Cups of caffeinated coffee/tea per day	_____ Packs of cigarettes per day
_____ Cups of caffeinated soft drinks per day	_____ Other nicotine products per day
_____ Ounces of chocolate per day	_____ Vaping/e-cigarettes

Social Needs Screening

1. What is your living situation today?[1]

- ☐ I have a steady place to live
- ☐ I have a place to live today but **I am worried** about losing it in the future
- ☐ I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park).

2. Think about the place you live. Do you have problems with any of the following?[2]

- ☐ Pests such as bugs, ants or mice
- ☐ Mold
- ☐ Lead paint or pipes
- ☐ Lack of heat
- ☐ Oven or stove not working
- ☐ Smoke detectors missing or not working
- ☐ Water leaks
- ☐ None of the above

3. Within the last 12 months, you worried that your food would run out before you got money to buy more.[3]

- ☐ Often true
- ☐ Sometimes true
- ☐ Never true

4. Within the last 12 months, the food you bought just didn't last and you didn't have money to get more.[3]

- ☐ Often true
- ☐ Sometimes true
- ☐ Never true

5. In the past 12 months, has lack of reliable transportation kept you from medical appointments, meetings, work or from getting things needed for daily living?[1]

- ☐ Yes
- ☐ No

6. In the past 12 months has the electric, gas, oil or water company threatened to shut off services in your home?[4]

- ☐ Yes
- ☐ No
- ☐ Already shut off

7. How often does anyone, including family and friends, physically hurt you?[5]

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Fairly often (4)
- ☐ Frequently (5)

8. How often does anyone, including family and friends, insult or talk down to you?[5]

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Fairly often (4)
- ☐ Frequently (5)

9. How often does anyone, including family and friends, threaten you with harm?[5]

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Fairly often (4)
- ☐ Frequently (5)

10. How often does anyone, including family and friends, scream or curse at you?[5]

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Fairly often (4)
- ☐ Frequently (5)

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[1] National Association of Community Health Centers and Partner, National Association of Community Health Centers, Association of Asian Pacific Community Health Organizations, Association OPC, Institute for Alternative Futures (2017). PREPARE. https://www.nachc.org/research-and-data/prapare/

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[3] Hager, E.R., Quigg, A.M., Black, M.M., Coleman, S.M., Heeren, T., Rose-Jacobs, R., Cook, J.T., Ettinger de Cuba, S. E., Casey, P.H., Chilton, M., Cutts, D.B., Myers A.F., Frank, D. A. (2010). Develoment and Validity of a 2-Item Screen to Identify Families at Risk for Food Insecurity. Pediatrics, 126(1), 26-32. Doi:10.1542/peds.2009-3146

[4] Cook, J.T., Frank, D.A,, Casey, P.H>, Rose-Jacobs, R.,Black, M.M.. Chilton,M.,…Cutts, D.B.(2008). A Brief Indication of Household Energy Security: Associations with Food Security, Child Health, and Child Development in US Infants and Toddlers. Pediatrics, 122(4), 867-875. Doi:10.1542/peds.2008-0286

[5] Sherin, K.M., Sincacore, J.M., Li, X. Q., Zitter, R.E., & Shakil, A. (1998). HITS: a Short Domestic Violence Screening Tool for Use in a Family Practice Setting. Family Medicine, 30(7), 508-512

Client Name (First, MI, Last)	**Date**

Please sign below

Print Name of Person Completing This Questionnaire	**Signature of Person Completing This Questionnaire**	**Date**

Clinician Reviewer Comments, Recommendations and/or Referrals

Comments:

Social Needs Screening Results:
(Question 1-6: Underlined answers indicate a need. For questions 7-10: score of 11 or more when the numerical answers are added may indicate safety issues.)

- ☐ No significant social needs noted
- ☐ Housing instability
- ☐ Food insecurity
- ☐ Transportation problems
- ☐ Utility needs
- ☐ Safety issues

Recommendations:

Recommendations shared with client?

☐ No ☐ Yes If yes, client's response:

If no, how will recommendations be shared with client?

Print Name of Clinician	**Signature of Clinician**	**Date**